

## **Water Activities - User Safety Form**

Taking part in water activities can be potentially dangerous.

Persons taking part and using associated equipment do so at their own risk.

Hartlepool Marina Ltd will not be liable for any injuries suffered by a person using the facilities other than those injuries arising as a result of any act, default or negligence of Hartlepool Marina Ltd or its employees

### **Who can take part in water activities?**

For your own health and safety you should only participate if you are in good health. You should **NOT** participate if you suspect that your health and / or safety could be at risk or you could aggravate a pre existing condition or have any of the following conditions:

- Recent Surgery or Illness
- Heart Condition
- High Blood Pressure
- Expectant Mother
- Neck, Back or bone problems
- Under the influence of alcohol or drugs
- Any other condition that may cause difficulty whilst using the water activities facilities

### **(1) DECLARATION**

I declare that I am physically fit and do not suffer from any of the above. I am 8 years of age or older and if my medical condition alters in any way prior to or during participation in water activities I will inform staff.

### **(2) IDENTIFICATION OF RISK:**

I am fully aware and conscious of the actual and potential risks involved in active water sports, including drowning, hypothermia, and other physical injuries. I accept that, by engaging in active water sports, my physical safety could be endangered

### **(3) ACKNOWLEDGEMENT OF RISK:**

I acknowledge that it is up to me personally to assess whether any event or activity on the water is too difficult for me. I acknowledge that my safety may be endangered and I risk causing injury to myself or others if I fail to respond adequately to instructions from those in authority.

Persons who sign this form agree to the above terms in full and without reserve and take part entirely at their own risk.

**IMPORTANT NOTE:** Persons under the age of 16 must have a signature of consent by either Parent or Guardian.

First Name: ..... Surname: ..... Signature: .....

Parent / Guardian Full Name: ..... Signature: .....  
(if participant is under 16 yrs)

Date: .....